

UBUNTU SPA

Cape Town Medi-Spa, 99 Kloof Street, Gardens

massage

aromatherapy (60m)	R595
back, neck & shoulder (30m)	R395
deep tissue / sports (60m)	R695
swedish full body (60m)	R495
ubuntu foot massage (30m)	R350

floatation

1 x 60 min	R495
3 x 60 min	R1200
10 x 60 min	R3200

beauty

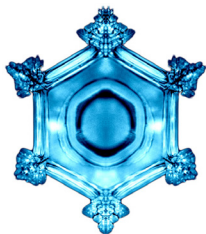
express mani or pedi	R125
express mani & pedi	R250
manicure & lower arm massage	R250
pedicure & lower leg massage	R250
seaweed wrap & massage	R750

specials

reiki session	R695
ubuntu combo (float & massage)	R850
CBD oil massage	R895

bookings at front desk for spa reservations

For more info contact concierge or
Ubuntu Spa on 021 426 1156 / ubuntu@medispa.co.za



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cbd spa sessions

cbd peace-biosonic sound (30m)	R495
cbd peace- sound and reiki (60m)	R595
cbd floatation therapy (60m)	R595
cbd full body massage (60m)	R695
cbd oils director's massage (60m)	R850

cbd spa journeys

'the cbd AromaFloat' (120m) floatation and massage of choice	R1250
'the cbd restore' half day spa (240m) 2 massages and 2 sessions + vegan lunch	R2500
'the Ubuntu CBD' full day spa (480m) 3 massages and 3 sessions + vegan lunch	R4500

Nokuphila* journey (group**)

arboreal heritage and meditation encounter (30m)	R750 pp
includes refreshments and 3 rejuvenations (3x20 m) cbd/ himalayan/ blue tea ceremony (options)	POA

cbd apothecary products

1 ubuntu cbd Chakra blend	R699
1 full chakra set (4 blends)	R2799
edibles - gummies, coffee etc.	POA

www.ubuntuwellness.com www.ubuntucbd.com

* 'Unabantu Nokuphila' is an ancient healing wild fig tree
- 7th sacred site of Cape Town according to local NPO SASSA
(Southern African Sacred Sites Association)

** 120 mins/ Minimum 8 people per group booking